



St Michael's Parish

Incorporating the Churches of Holy Family Bell Park, Ss Peter & Paul's Geelong West & Holy Spirit Manifold Hts.

PARISH PRIEST:

Fr. Minh Tran

OFFICE:

147 Separation St Bell Park 3215

Phone: 5278 1343 Email: bellpark@cam.org.au

OFFICE HOURS:

Mon -Fri 9am-1pm

PARISH SECRETARY:

Bernadette Bilogrevic

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SCHOOL PRINCIPALS:

Holy Family Peter Brunt

Holy Spirit Rachel Holdsworth

St Patrick's John Grant

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Web Page Address:

www.stmichaelsbellpark.org.au

Facebook Address:

www.facebook.com/michaelparish.st

RECENT DEATHS:

Ana Trupkovic, Bernie Dalton, John Curtis, Josep Sai

ANNIVERSARIES:

SICK:

Veronica Werzek, Angela Reed, Josica Markov, Giuseppa Forestieri,
Julita Aquino

ACT OF SPIRITUAL COMMUNION:

My Jesus,

I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there, and unite myself wholly to You.

Never permit me to be separated from You. Amen.



Congratulations! To the students from St Patrick's Primary School who made their First Reconciliation during the week!

St Michael's News:

- **UPDATE ON RELIGIOUS GATHERINGS:** Restrictions for religious gatherings allow a maximum of 20 people, the numbers are still not workable to open our churches for Masses. This will be readdressed after June 22nd. Livestreaming of Mass will continue until then. Thank you for your understanding.
- **COVID19 PARISH CATCH UP CHALLENGE:** Catch up with someone - by phone, text, in person (but not too physically close), you would usually see around the Parish or at Mass.
- **THANKSGIVING ENVELOPES:** Can be dropped in at the Parish Office at a time that is suitable to you or, if you prefer to make a one off payment, please contact the Parish Office on **52781343**.
- **PARISH OFFICE HOURS:** Until further notice, the parish office will be opened daily from 9am-1pm.
- **LIVESTREAMING OF MASS:** This Sunday at 10am.
- **CHANNEL 10:** Mass at 6am & CHANNEL 31 or 44 Mass at 11am every Sunday. Mass is also available on You Tube daily, from St Simon's Parish, Rowville.

THE MOST HOLY BODY AND BLOOD OF CHRIST

(Year A - June 14, 2020)

Deut 8:2-3, 14-16

1 Cor 10:16-17

Jn 6:51-58



Corpus Christi

Dear Parishioners,

This weekend we celebrate the Solemnity of Corpus Christi or the Body and Blood of Christ.

All the readings this week point to three aspects of this central mystery of our faith: the real presence of Christ, the Eucharist as the source of our unity, and the Eucharist as nourishment for the soul.

We believe that Christ is truly present in the Eucharist by His promise and power. That is what is meant by the real presence. The Eucharist is also our food for the journey, which gives us grace and promises us future glory. If our life stays close to our prayers - to the Mass - we will never separate far from the Lord.

When facing times of crisis, such as that of COVID-19 in the last few months, we can feel worried and troubled of heart. A troubled heart seems the most common thing in the world we are caring for nowadays: no condition is excused from it; no life's journey is free of it. Even saints find the world a valley of tears.

Friends, it is in such difficult times that God is presence in our heart and our life. Where COVID-19 brings trouble of heart, the remedy is faith. Even though we cannot go to church, attend the Mass and join with one another as we were, the Lord reminds us "Do not let your heart be troubled. You have faith in God; have faith also in me" (Jn 14: 1). This verse is rich in truth; it is treasure for our souls.

Therefore, we need to have faith in God. Faith in the Lord Jesus is the only sure medicine for troubled hearts in this difficult time. To trust entirely and to pray more than at any other time. Once we do that, we have proved the reality of our faith by giving up everything for Christ's sake. As the book of Isaiah says "Believe! Believe more! Believe on Me!"

Friends, I pray for you in each mass, we pray to God to save us, we pray for God to stop the virus and we pray for the peace of the world.

Stay safe and God bless you,
Fr. Minh Tran