



St Michael's Parish

Incorporating the Churches of Holy Family Bell Park, Ss Peter & Paul's Geelong West & Holy Spirit Manifold Hts.

PARISH PRIEST: Fr. Minh Tran
OFFICE: 147 Separation St Bell Park 3215. Phone: 5278 1343
OFFICE HOURS: Mon-Fri: 9am-3.30pm—Until July 19, 2024
Email: bellpark@cam.org.au

Web Page Address:
www.stmichaelsbellpark.org.au
[www.facebook.com/michaelparish .st](https://www.facebook.com/michaelparish.st)

PARISH SECRETARY: Bernadette Bilogrevic Email: bellpark@cam.org.au Phone 5278 1343
PASTORALWORKER: Sr Anne Lourey Email: anne.lourey@mercy.org.au Phone: 5278 1343
SCHOOL PRINCIPALS: Holy Family Peter Brunt Separation St, Bell Park Phone 5278 4634
Holy Spirit Rachel Holdsworth Minerva Rd Manifold Hts Phone 5229 8298
St Patrick's Luke Sheehan Petrel St, Geelong West Phone 5229 4412

AS A COMMUNITY WE PRAY FOR:

RECENT DEATHS: Rev Kazimierz (Kaz) Trawicki CR; Soriya Al-Sakkal; Sr Margaret Richmond.
ANNIVERSARIES: Salvatore Valentina; Majed Karakchi; Wassela Al-Sakkal; Lojska & Vinko Jager; Anna Rezelj.
5 years-Martin Simic; 10 years-Patricia McMahon
BAPTISMS: Harvey, Oscar and Remi King; Makenzie and Oscar Slater.
PRAY FOR THE SICK: Hugo Riedl; Noella Duggan; Eddie Echter; Fr Ray Zammit.



St Michael's Parish is committed to upholding the safety, wellbeing and dignity of all children and vulnerable adults. Through our behaviour we show we are followers of Jesus who cares for all children, the vulnerable.... If you have any questions or concerns, Fr Minh and the Parish Safeguarding Committee members Louise Kearney; Bernadette Bilogrevic; Marg Gifford or Joan Mann can be contacted on 5278 1343

A REMINDER: Children must be accompanied to the toilet area by a parent or guardian at all times!

We acknowledge the living culture of the Wathaurong People, the traditional custodians of the land we stand on, and pay tribute to the unique role they play in this region.

SIXTEENTH SUNDAY IN ORDINARY TIME (Year B—21 July 2024)

ENTRANCE ANTIPHON:

See, I have God for my help. The Lord sustains my soul.
I will sacrifice to you with willing heart,
and praise your name, O Lord, for it is good.



RESPONSORIAL PSALM:

The Lord is my shepherd; there is nothing I shall want.

GOSPEL ACCLAMATION:

Alleluia, alleluia!
My sheep listen to my voice, says the Lord; I know them,
and they follow me. Alleluia!

TODAY'S READINGS

1st: Jer 23:1-6
2nd Eph 2:13-18
Gospel: Mark 6:30-34

NEXT WEEK'S READINGS

1st: 2 Kings 4:42-44
2nd: Eph 4:1-6
Gospel: John 6:1-15

PARISH PRAYER:

God our Father, bless this parish so that we may love you more. Help the parents to be a good example to the children and our youth to grow in strength as good Christians.

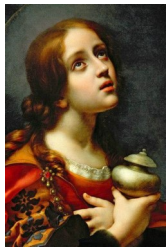
Encircle our families with your loving care. To the sick grant health, to the aged bring serenity and to those in sorrow, joy. May we grow stronger in faith and may our love for one another become deeper in our daily living. Amen.

PRAYER FOR VOCATIONS:

Heavenly Father, help us to respond to and live out our mission in the Church, and in the world. Help all your people to know their vocation in life and assist them to live it well.

For your greater glory and for the service of your people, call many to be priests and religious.

Give those whom you call the grace to respond generously and to persevere faithfully. We ask this through Christ our Lord. Amen.



SAINT MARY MAGDALENE—22 JULY 2024

A faithful disciple of Christ, Mary ministered to his needs after having seven devils cast out from her. Witnessed his crucifixion, was present at his burial, and was the first to see the risen Lord. Commissioned by Christ to proclaim the good news of his resurrection to the apostles (John 20:17-18). Remembered in the East as the 'Apostle to the Apostles'.

St Michael's Parish at Prayer

WEEKEND MASSES:

Holy Family, Bell Park: **Holy Spirit, Manifold Heights:** **Ss Peter & Paul's, Geelong West:**

English...9.00am Sunday 11am Sunday Saturday 5.00pm
Croatian 5.00pm Sunday

WEEKDAY MASSES:

Holy Family: 9.15am **Tuesday & Thursday** (Followed by Novena to St Anthony),
8.45am (Rosary before Mass on Tues & Thurs)

Holy Spirit: 9.15am **Wednesday**, 9.15am **Friday**. (Followed by Adoration of the Blessed Sacrament)

Reconciliation after Friday Mass each week.

BAPTISMS: Please contact the Parish for new bookings

COMMUNAL PRAYER:

Tuesday... *Meditation Group* 5.30pm *Parish Community Centre*
Legion of Mary 10.00am *Parish Community Centre*
Friday *Divine Mercy* 3.00pm *Holy Spirit Church*

STATUE OF OUR LADY: Our Lady's statue is ready to be taken to your home. Please call Cristita: 0435 780 716 or Vickie: 0401 213 505. We will collect Our Lady's statue, when you ask us.

LEGION OF MARY: The group meets after Mass every Tuesday at 10am. We meet in the St Michael's Parish Meeting room, next to Holy Family Church and we would love you to visit our meeting and see what we do. All are most welcome.

ROSTER FOR NEXT SUNDAY

(4th Sunday of the Month)

Ss PETER & PAUL'S—5.00PM

Commentators

Lectors G Tolan

Special Ministers G Tolan

Welcomers

Projectionist B Middleton

Co-Ordinator M Gifford, 5229 1656

HOLY SPIRIT—11AM

T McMahon

J Fraatz

L Fossey

L Fossey

A Zarb

HOLY FAMILY 9.00AM

Commentators M Lukesic

Lectors F O'Neill; L Loney

Special Ministers D Lunn; C Simpson; V Resciniti

Welcomers: V Resciniti

Projectionist C Resciniti

Co-Ordinator C Simpson; B Kline

St Michael's News:

- ◆ **CUPPA & CHAT AT PARISH COMMUNITY CENTRE:** After the 9am Mass **SUNDAY AND THURSDAY MORNING**. Everyone is most welcome.
- ◆ **PARISH OFFICE TEMPORARY CHANGE OF HOURS:** Monday June 24 until July 19. Monday—Friday 9am-3.30pm.



Community News:

- ◆ **SEMINARY ENQUIRY DAY:** The annual Enquiry Day at Corpus Christi College is on **Sat 10 Aug**. It is an opportunity for men to visit the seminary, hear from the Archbishop, students, and staff. An invitation is for you, to forward onto any young men (over 18) that might be interested. Whether a vocation is a serious consideration at the moment or not, you are encouraged to join in for an afternoon where you can hear more about a vocation and enjoy lunch with the current seminarians. For catering purposes please RSVP by **Fri 2 Aug** to the Vocations Office at vocations@cam.org.au. For further enquiries, the Vocations Director, Fr Dishan Candappa would be pleased to assist you and can be contacted by email at vocations@cam.org.au.
- ◆ **CRAG Combined Refugee Action Group Geelong and St Joseph's College Newtown** are proud to present the film '**Freedom is Beautiful**' a debut documentary feature from award-winning visual artist Angus McDonald. It is the story of two extraordinary Kurdish refugees, Farhad Bandesh & Mostafa Azimitabar who fled persecution in Iran & arrived separately by boat into Australia seeking asylum in 2013. Reaching Christmas Island just days after the Rudd Government instituted Australia's new hardline offshore processing policy. They were transferred offshore & subsequently held for almost 8 years. On Manus island, where they spent 6 years, they met & formed a close friendship, founded on art, music & a shared desire to speak out & resist. In 2019 they were transferred to the mainland & spent 18 months in immigration detention in Melbourne. In 2021, just a month apart, they finally gained their freedom for the first time in their lives. The film will be presented **Thursday 25 July 6-8pm. Macauley Hall, Sacred Heart College. Parking In Aphrasia/Talbot streets. Enter via Innovation Precinct Atrium Tickets are \$15 Booking required Try Booking <https://www.trybooking.com/CTCLM>**
- ◆ **CDF TERM DEPOSIT:** The Catholic Development Fund have extended our Special term investment offer to Parishioners for a limited time ie **5.35%pa on 3, 6, 9, & 12 month Term Investments**. An account with CDF Community Fund not only provides a financial return but helps us continue to support and grow services in the community, helping Catholic organizations like Sacred Heart Mission, aged and disability care providers, hospitals, your Parish and local Catholic schools to fulfill their mission. For more information or have any questions about this offer. Please contact **Bernard Docherty PH: 0428 890 185 or Email: bdocherty@melbcdf.org.au**
- ◆ **ST MARY'S GEELONG PARISH FEAST DAY—JULY 28, 2024** :11AM onwards Share your talent at the St Mary's Got Talent Show begins at 2pm. You can call and register early—especially if you may need something to help you share your talent. Free BBQ sausage sizzle, Gold coin donation for Raffle, Facepainting and Café Light and all donations received going toward the Parish Pantry. Everyone is welcome to enjoy this special day.
- ◆ **MISSION: Transform Lives—theirs...and yours:** Have you been considering whether an overseas professional placement with Palms is for you? Wanting to share your skills with communities in the Pacific, Asia or Africa to help develop self-reliance and sustainable solutions to poverty? Join our Palms' **Discovery Webinar** online Thursday 15 August. Meet Carolyn currently in Timor Leste, and former Palms participants to find out more about **Assignments Aboard**. **Venu:** Online via Zoom—register at **palms.org.au/event/discovery-online/** **Thursday 15 August 7.30-8.30pm** Ph (02) 9560 5333 **palms@palms.org.au**
- ◆ **WORLDWIDE MARRIAGE ENCOUNTER:** Live Your Best Life in Love...
A Marriage Encounter weekend is for you.. Every married couple deserves this very special weekend. Time-out to nurture your most precious relationship away from daily distractions. The two of you will come away from your weekend feeling more deeply connected and with tools to help keep the passion alive. No group sharing required. The weekend is based around Catholic values. Couples of all faiths are welcome. **Please check website for more details and to book your special weekend: next weekend is: 4-6 October 2024** at St Paul's Retreat Centre, Wantirna South. Starts Friday evening at 7pm and finished Sunday afternoon around 4.30pm. Info/Bookings: Phone **Mercy & James 0409 183 676** or Website: **wwme.org.au** Email: **vicbookings@wwme.org.au**
- ◆ **IN THE FOOTSTEPS OF MARY MACKILLOP: Australian National Pilgrimage: 15-26 October 2024**, Come and join us on the official Pilgrimage created and led by the Sisters of Saint Joseph of the Sacred Heart for the last 28 years. An all inclusive 12 day organised pilgrimage to sacred sites in VIC, SA, & NSW. **'Don't' miss out'** Find out more Ph: (02) 8912 4818 or Email: **national.Pilgrimage@mmp.org.au** or **www.marymackillopplace.org.au**

Reflection by Richard Leonard

I know very few people these days who work from 9.00am to 5.00pm. The eight-hour day seems to be a thing of the past. Where priests regularly encounter these new work patterns is when we see young people who are preparing for marriage in the Church. Sometimes to arrange a meeting we have to resort to a 6.30am or 10.00pm meeting. Some young people are working sixty hours a week. They take work home and work on the weekends. We know from surveys that they eat out most of the time, they party hard when they get the chance, and that Sunday is spent on the home front, going to the gym or sleeping. Then on Monday they start the process again.

Two things drive this obsessive work practice: competition in the job market, and the financial bonuses offered to the employees. The problem is that this practice cannot be a long-term strategy. At the other end of the scale we all know people, only in their 30s and 40s, who are burnt out and feel used by a ruthless commercial market-place.

This culture of exhaustion is not confined to the young corporate raiders. Most people in our country have never worked as hard, with so many claims on our time and energies.

Excessive demands on one's time, no matter how great the needs and rewards, were issues for Jesus and the Apostles as well. The best translation of the Greek text for today's gospel says that after the apostles returned from their missionary journeys 'there were many coming and going and they had no leisure, even to eat'.

Jesus' call to 'come away to some lonely place all by yourselves and rest for a while' is not just about good work practices and ethical employment policy. It is about humanising our work, making sense of what we do and seeing our work as means to an end, not an end in itself.

The social teaching of the Church, especially in Pope John Paul's statements about labour and the rights of workers, repeatedly stresses three aspects to work:

- it gives us dignity. Governments and employers must not allow a work culture to develop where we lose our sense of personal importance, where we are treated like just another cog in the wheel;
- work enables us to improve the standard of living for us and our families;
- through working we develop our talents and gifts which builds up society as a whole.

Rest from work is a key factor in the success of all three aspects being achieved in any community. A culture of exhaustion militates against them. The bottom line in all this is appropriate boundaries.

Mark tells us today that though Jesus was moved to compassion by the needs of the crowd, he also knew that their needs were not the only ones that had to be met. Jesus teaches his disciples and us that the balance between work and rest is an obligation of faith. This applies equally to work inside and outside the family home.

So this Sunday's Gospel carries a critical message for the modern world. Rest, recreation and leisure are not indulgences about which we should feel guilty. They are rights defended by Christ and protect our human dignity.

I hope today you have a well-earned break.

© Richard Leonard SJ

Reflection by Dianne Bergant CSA

Jesus chose disciples to continue his work; he instructed them and empowered them. He sent them out on a mission, and they returned. People followed them, because they wanted to hear what Jesus and the disciples had to say; they wanted to be released from the sickness and the demons that possessed them.

There are so many searching people in the world today, people hungering for instruction, good people looking for direction. They may be parents who are sick with grief over the future of a troubled child; a man stripped of his dignity through unemployment; a woman facing a pregnancy alone; elderly people feeling the surge of life leave their declining bodies; people who are angry and confused because they believe that the church is no longer dependable. They are people who are looking for answers and for meaning. They are like sheep without a shepherd, and Jesus looks to us to shepherd them.

In the midst of this confusion, there are reliable shepherds who walk with us in the dark valleys. They are willing to share the dangers through which we pass, even at the risk of their own safety. They do not pit one segment of the community or one theological perspective against another, scattering the sheep and driving them away. Instead, they work to dismantle the walls that divide us. They speak the word that gathers us together. They reconcile us with God and with each other. They may not give us easy answers, but their primary concern is to lead us to Jesus, the one who is our peace.

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